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East Vancouver death likely targeted: Cops

JEFF HODSON
Metro Canada

INVESTIGATION Another man was shot and killed in a possible gang-style shooting in East Vancouver, said police yesterday, following the high-profile arrests of alleged members of the Red Scorpions gang.

The man was shot before midnight Saturday in the parking lot of Boston Pizza near Renfrew Street and Grandview Highway. He was slumped over dead in the driver's seat of a white Lincoln Navigator when police arrived.

"This appears to be a targeted shooting," said Vancouver Const. Jana McGuinness. "Further investigation will reveal whether there are any links to gang activity."

Celebrity Buzz pg 14

Gisele, hubby wed again

Workology pg 11

Maestro leads the way

Going Green pg 9

Building your home green

DAVID W CERNY/REUTERS

Demonstrators in Prague shout slogans during a protest rally yesterday against a plan to build a U.S. missile defence shield in the Czech Republic. U.S. President Barack Obama, speaking there yesterday, also pledged to cut the U.S. nuclear arsenal and to bring the Comprehensive Test Ban Treaty into force. Hours earlier, North Korea had launched a ballistic rocket test. UN reaction, pg 6

World without nukes U.S. goal, says Obama

Arsenal, though, to be kept as long as 'these weapons exist'

U.S. President Barack Obama set out his vision for ridding the world of nuclear arms yesterday, declaring the United States ready to lead steps by all states with atomic weapons to reduce their arsenals.

Delivering a speech given new urgency by North Korea's rocket launch hours earlier, Obama said the United States would go ahead with plans to build a missile defence shield in Europe as long as Iran posed a threat with its nuclear program.

On a visit to Prague, the Czech capital — once a focal point in the Cold War between the West and the Soviet Union — Obama pledged to cut the U.S. nuclear arsenal, to bring the Comprehensive Test Ban Treaty into force and to seek tough penalties for those that broke rules on non-proliferation.

"The United States will take concrete steps towards a world without nuclear weapons," he told a cheering crowd of more than 20,000 in Hradcanske Square outside the medieval Prague Castle.

"To put an end to Cold War thinking, we will reduce the role of nuclear weapons in our national security strategy and urge others to do the same," Obama said, adding: "We will seek to include all nuclear weapons states in this endeavour."

He acknowledged the goal of a nuclear arms-free world might not be reached in his lifetime and added: "Make no mistake: As long as these weapons exist, we will maintain a safe, secure and effective arsenal to deter any adversary."

Referring directly to North Korea, he said Pyongyang should be punished for breaking the rules with its rocket launch and called on it verifiably to scrap its nuclear weapons programs.

North Korea's defiance of U.S. warnings was Obama's most serious foreign policy challenge since he took office on Jan. 20. North Korea said the launch was intended to put a satellite in orbit. The White House said the launch was "unsuccessful."

REUTERS

Missile shield

- With Poland, the Czech Republic is one of two sites in eastern Europe earmarked for a U.S. missile shield promoted under the Bush administration.
- The Obama administration has been less assertive in pushing the plan, insisting it would be reviewed for cost-effectiveness and viability.
- The Czech government backs the project despite opposition by most Czechs suspicious of a foreign military presence.

Release of stadium evaluations today

TIM WIECLAWSKI
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CITY HALL Ottawa's great stadium debate moves into high gear when city staff releases evaluations on two unsolicited stadium proposals this afternoon.

The joint meeting of the city's planning and corporate services committees will hear city staff's recommendations regarding proposals to build a new football stadium in the Glebe or soccer stadium beside Scotiabank Place in Kanata.

The Ottawa Sport and Entertainment Group, led by Ottawa 67's owner Jeff Hunt, is proposing a massive redevelopment at Lansdowne Park that will include a rebuilt 25,000-seat stadium to host a Canadian Football League franchise.

The $120-million plan includes a hotel, commercial and residential developments, and a walk-through aquarium housed in the Aberdeen Pavilion.

That proposal is competing with Senators Sports and Entertainment, led by owner Eugene Melnyk, who is proposing a 20,000- to 30,000-seat stadium in Kanata that would host a Major League Soccer franchise, a 400-room hotel and commercial and residential developments.

Council is expected to vote on the recommendations during its April 22 meeting.

Public

- Residents will have an opportunity to comment at a joint committee meeting on April 20.

ShareYourViews
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Free Daily News Group Inc., operating as Metro Ottawa 130 Slater Street, Suite 300, Ottawa, Ontario K1P 6E2. Publisher: Bill McDonald

Wellness Expo going green
The first Green Wellness Expo will be held on April 19 at the Orleans Cultural Centre. Previously known as the Wellness Expo, organizers have added an environmentally friendly element to this year's edition. METRO OTTAWA

Local

Police investigating sexual assault

Ottawa police continue to investigate a reported sexual assault that occurred near Lees Avenue on the north side of Highway 417 Friday. At about 3 a.m., a woman in her early 20s was walking in the area of Hurdman Road and Robinson Avenue when a male armed with a knife grabbed her, dragged her into the bushes and sexually assaulted her. Police are seeking an English-speaking black male with a muscular build and black hair, and are asking anyone with information to call 613-236-1222 ext. 5944. METRO OTTAWA

Seat change coming to Stittsville?

TIM WIECLAWSKI
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POLITICS Residents in south Stittsville may be getting a new city councillor.

On Tuesday, the city's corporate services committee will consider ordering a report on redistributing the Fernbank lands from the rural ward of Rideau-Goulbourn into one of the neighbouring suburban wards of Kanata West or South.

The Fernbank lands were added to the city's urban boundary in 2005 and part of the area is surrounded by land within the urban area.

If the motion is passed, city staff would return a report to the committee on June 16. City council would vote on it on June 24.

In order for the ward boundary change to be effective for the next election, the bylaw must be enforced by the end of the year.

If the change were challenged, the Ontario Municipal Board (OMB) would have to hold a hearing and issue any order prior to the end of 2009.

In order to ensure that the OMB would have sufficient time to deal with an appeal, city staff is advising that a decision must be made by council before July 8.

The councillors in the affected wards must hold at least one public meeting prior to June 16, to provide an opportunity to the public to consider and respond to any proposed changes to those existing wards.

Any changes to the ward boundaries could also affect the school boards electoral boundaries, which would need to be implemented in time for the 2010 municipal election.

Wonderful weddings

Trade show offers brides-to-be ideas they can work with

TRACEY TONG
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Bride-to-be Andrea Stevenson isn't the kind of girl who's fantasized about her wedding day since childhood.

And while the 23-year-old Ottawa resident is happy to be engaged, she doesn't really know where to begin.

"I'm excited, but I don't really know anything," the pharmacy technician said of her May 10, 2010 wedding. "I'm just looking at prices and ideas right now.

"I haven't really decided on anything."

With about $20,000 to spend, Stevenson does know her priorities for her big day — she wants to have a good time and good memories.

Stevenson was one of thousands of brides-to-be who attended the Ottawa Wedding Show at Lansdowne Park yesterday. With a mission to find photography contacts and cake ideas, she said planning was still in the "preliminary" stages."

Fortunately, her maid of honour, Katie Pugliese, is herself a newlywed.

"I can help her," said Pugliese, 24. "And this is the second time I've been a maid of honour, so I'm more comfortable."

TRACEY TONG/METRO OTTAWA

Kimberly Estrada, left, and Heather Holbrook of Isobel's Cupcakes and Cookies arrange wedding cupcakes at the Ottawa Wedding Show yesterday. Cupcakes are growing in popularity because "there are more flavours to choose from and they're more appetizing to eat" than cakes, Estrada said.

When it comes to trends, there's no right or wrong, said Ottawa Wedding Show manager Yolande Adams.

"A lot of people take the economic way, and a lot of people will splurge on their weddings," Adams said.

That said, weddings are recession-proof, Adams said. Ages of brides ranged from the young to older people who are getting married for the second or third time, Adams said.

Attendees got ideas for catering, decorations, cakes, invitations, reception venues and entertainment. Brides looking for deals on dresses sifted through racks of discounted gowns.

"I didn't think I would find one here," said Brandi Dooran, 25. "I was trying them on for a lark, but I found one that was just perfect. And it didn't cost a quarter of what I planned to spend."

Ottawa resident Stacy Hanks, 23, just got engaged last weekend, but already decided she's going with cupcakes instead of a traditional wedding cake.

"They did that at the last two weddings I went to and I thought it was a cool idea," she said.

The show is a good place for brides and grooms to look for ideas, said Adams.

Genies could see return to Ottawa: Organizers

TIM WIECLAWSKI
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EVENT Held in Ottawa for the first time, this weekend's Genie Awards was a huge success, organizers said.

"This is one of the most bilingual cities in the country, and the Genies reflect that in both languages ... for us, this was the perfect setting for the Genies," said Genie spokesperson Chris McDowall yesterday. "You couldn't turn on a radio, or a TV or open up a newspaper without seeing something about the Genie Awards."

Aided by a strong and diverse group of winners and nominees and with films in Hindi and the Inuit language, Ottawa made for the perfect setting for the awards, said McDowall.

Although traditionally, the awards show is held in Toronto, the organizers said they don't know where the next show will be, but would not rule out a return to Ottawa.

Condo fire causes $1M in damage

TRACEY TONG
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PREVENTION A fire suspected to have spread from a barbecue caused "extensive damage" to two units at a four-storey condo building in the city's east end yesterday afternoon, Ottawa firefighters said.

At 2:32 p.m., 45 firefighters in 16 vehicles attended the building at 130 Briar Gate Pvt. near the intersection of Innes and Trim roads. The residence was part of a condominium that comprised seven other condos. It sustained smoke and fire damage as did another unit. The remaining units sustained water damage. Police have estimated damages at $1 million.

There were no injuries. Ottawa fire prevention officers were on scene yesterday to determine the cause of the fire, which is still under investigation.

METRO OTTAWA

News in brief

DEATH Ottawa police have confirmed Chris Welch as the man who died when his boat capsized on the Jock River on Thursday. METRO OTTAWA

metronews.ca
What's online today.
Comment Guidy Mamann looks at the George Galloway case and the legal quandary that it creates for Canada's immigration service.

Lotteries

Friday, April 3: Lotto Super 7: 2, 10, 11, 22, 33, 38 & 45. Bonus 41; **Saturday, April 4: Lotto 6/49:** 17, 20, 22, 37, 40 & 48. Bonus 33. **Sunday, April 5: Ontario Pick 3:** 8 1 0; **Ontario Pick 4 :** 3 8 8 9 **Encore:** 9446412; **Daily Keno:** 2, 4, 5, 6, 9, 11, 13, 17, 19, 23, 24, 27, 33, 36, 40, 43, 53, 58, 63 and 67. These results are not official

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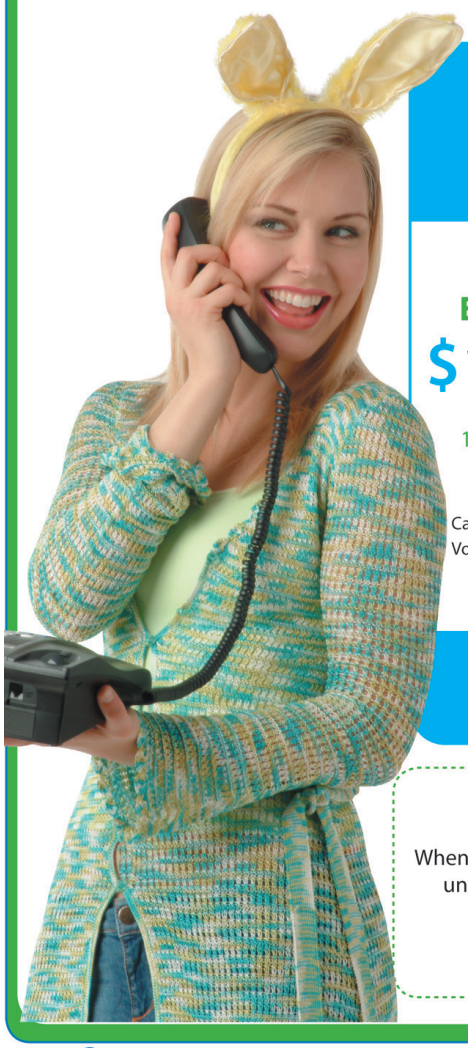

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Man charged after taxi driver robbed

Ottawa police charged a man after a taxi driver was robbed by a passenger in Vanier last week. Clarence Momolu, 31, faces charges including robbery, possession of weapon dangerous to the public, dangerous driving, theft under $5,000, assault and breach of probation. METRO OTTAWA

News in brief

CLEANUP The city has opened registration for its 16th annual Spring Cleaning the Capital campaign. Residents are invited to join thousands of community volunteers who will clean garbage and graffiti from their area streets and parks after a long winter. Participants can register online at ottawa.ca/clean or call 3-1-1.

TRACEY TONG/METRO OTTAWA

Tourists seeking a little adventure

TRACEY TONG
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Kevin O'Hara was bored with life in Ottawa.

With a taste for adventure, he'd always been fascinated with Greenland. So in 1993, he went there — by himself.

Back in the early '90s, adventure travel wasn't as big as it is now.

"My friends all thought I was nuts," O'Hara admitted.

He was immediately welcomed by the residents and was invited to stay with a family the following summer.

Over the next decade, he made more than two dozen visits, finally moving there two years ago to teach English and pursue his photography career.

Yesterday, the national capital native was back in the city to promote his new home at the Travel and Vacation Show at Lansdowne Park.

"It's not the kind of thing people who like the beaches would like — it's wilder, more adventurous tourism."
Kevin O'Hara

The things he loves about Greenland, including the people, the culture, clean air and the light, overshadow the things he misses ("forests and the trees, English TV and radio," he said).

"It's an adventurer's paradise," he said. "It's not the kind of thing people who like the beaches would like — it's wilder, more adventurous tourism."

More and more, tourists are considering more exotic places to spend their vacations, said Travel and Vacation Show manager Halina Player.

Dozens of non-traditional vacation spots, including Syria and Iceland, exhibited at the 15th annual show for the first time — and got great responses, said Player.

The people attending the show tend to be well-travelled, said Player.

"They've already travelled to Europe and Asia," she said. "They want to go somewhere different."

Because of the recession, some people are also choosing to travel within Canada, said Player.

"With the economy, people are staying closer to home," said New Brunswick tourism's David Geris.

Getaway travel — trips of about three days in length — are replacing two-week long trips, he said.

A record 16,000 people attended the show over the weekend.

TRACEY TONG/METRO OTTAWA

Chef Jean-Pierre Gillet cooks Nova Scotia shrimp during a demonstration at the Travel and Vacation Show at Lansdowne Park's Aberdeen Pavilion yesterday.

Has Adoption Touched Your Life?

On June 1, 2009, Ontario adoption records will be opened.

visit www.ontario.ca/adoptioninfo

THIS IS AN IMPORTANT REMINDER that if you were involved in an adoption in Ontario, your information and privacy rights are changing.

Effective June 1, 2009, Ontario adoption records will be opened. This means adopted adults and birth parents will be given access to identifying information from birth records and adoption orders.

If the adoption order was made before September 1, 2008, adopted adults and birth parents can file a disclosure veto to prevent the release of the information.

If you want your identifying information kept private, **you should file a disclosure veto before June 1, 2009.**

No contact notices are also available.

To learn more about your rights to information and privacy regarding adoption, **visit www.ontario.ca/adoptioninfo or call 1-800-461-2156 (TTY 416-325-3408).**

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Ontario

Woman dies without inheritance

A Canadian widow living in Cuba whose fortune was trapped in a Boston bank by the U.S. trade embargo died Friday at the age of 108 without having ever gotten her money. Mary McCarthy died in her rundown Havana mansion after failing to get treatment for respiratory problems due to a shortage of cash, according to her godson. REUTERS

Canada

HIV-positive man guilty of murder

An HIV-positive Ontario man has been found guilty of first-degree murder in the deaths of two of his sex partners in what was considered a precedent-setting trial in Canada. The jury also convicted Johnson Aziga, left, 52, on 10 counts of aggravated sexual assault and one count of attempted aggravated sexual assault. Aziga, of Hamilton, had been accused of endangering the lives of 11 women by recklessly exposing them to the virus that causes AIDS. REUTERS

Slacking students

Immaturity, Wikipedia common in first-years: Survey

University professors feel their first-year students are less mature, rely too much on Wikipedia and "expect success without the requisite effort," says an Ontario-wide survey to be released today.

More than 55 per cent of Ontario's faculty and librarians surveyed believe students are less prepared for university than even three years ago. In fact, many post-secondary institutions have had to create catch-up courses to help those who are struggling.

"It wasn't a shock for me — I'm aware of what's happening out there," said Brian Brown, a University of Windsor visual arts professor. He also heads the Ontario Confederation of University Faculty Associations, which oversaw the online survey of about 2,000 professors and university librarians out of the province's 15,000.

"What the questionnaire reveals is a serious challenge that we are facing in the system. We are teaching students from what is basically an under-resourced secondary school system."

James Côté, a sociology professor at the University of Western Ontario, says the survey confirms a lot of recent research, and that the decline in student preparedness began years ago but has more recently accelerated.

"It's a wider societal issue, where leisure is very much valued and work habits are not necessarily reinforced in the way that they were in the past. The work ethic is not what it used to be ... no pain, no gain doesn't seem to be prevalent any more."

Côté co-authored a book, Ivory Tower Blues: A University System in Crisis, that in part chronicled the issues professors have with today's students and maintains a blog where he hears from professors all the time.

With the current focus on stemming high-school dropouts, discipline and punctuality are no longer reinforced, and students come to university expecting to continue that, he added.

TORSTAR NEWS SERVICE

College report

- Colleges also report trouble with unprepared students, especially in math.

Vancouver Rally against hate

KRISTEN THOMPSON/METRO CANADA

Vancouverites gather for a gay rights rally yesterday. Those at the rally called for hate crime designations for violence against homosexuals following a March attack on a 62-year-old man at a local pub. The man sustained serious brain injuries.

Charges laid in Surrey Six killings

MURDERS Eileen Mohan says she never lost faith that the person who murdered her 22-year-old son in their Surrey, B.C., apartment would be caught.

After 18 months, her patience was rewarded with the arrest of Dennis Karbovanec, 28, an alleged member of the Red Scorpions gang who on Thursday will be sentenced in the murder of Chris Mohan and two other men. "It's bittersweet," Mohan said.

Karbovanec was arrested and immediately pleaded guilty on Friday to second-degree murder in the deaths of Mohan, Ryan Bartolomeo, 19, and Michael Lal, 26, who were killed along with three other men in a Surrey highrise in October 2007. Three other arrests were also made over the weekend. METRO VANCOUVER

Canadian among 4 kidnapped in Darfur region

ABDUCTION Two foreign workers for Aide Medicale Internationale were kidnapped at gunpoint in Sudan's Darfur region overnight, the French medical aid group said yesterday.

Sudanese officials said unidentified men seized the two women — one Canadian, the other French — and two Sudanese guards from their compound in Ed el Fursan in South Darfur just before midnight on Saturday .

The two guards were later released, the officials said.

The second kidnapping of Western humanitarian workers in Darfur in less than a month has raised fears for the safety of foreigners in Sudan's violent west.

The state Sudanese Media Centre reported the kidnappers had asked for a ransom. Officials said they could not confirm that report. REUTERS

Nursing allowed at Calgary pools

LAW Calgary city pools will now be a "breastfeeding friendly" zone. Breastfeeding crusader and mother of a 21-month-old girl, Gemma Kelsall, said the end result of speaking out against the Killarney Aquatic and Recreation Centre for not allowing her to feed her daughter in the water was worth the trouble. METRO CANADA

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German supermarket has brush with toothpaste thief

Police in northern Germany are searching for a man who tried to walk out of a supermarket with 68 tubes of toothpaste stuffed into his clothing. "We don't know if he had bad teeth," a police spokeswoman in Rostock said on Friday. REUTERS

World

Volcano blast intensifies

Chile's Llaima volcano, one of South America's most active, belched ash six kilometres into the sky that was blown towards nearby Argentina, prompting more evacuations. Llaima began spitting lava in a fresh bout of activity Friday night. It erupted fiercely on Jan. 1, 2008, and has expelled rock and ash sporadically since then. REUTERS

UN torn by N. Korea launch

North Korea fired a long-range rocket yesterday, provoking international outrage, but a divided UN Security Council failed at an emergency meeting to agree on a reaction to Pyongyang's defiant move.

The reclusive communist state, which has tested a nuclear device and is in stalled six-party talks on ending its nuclear program, said a satellite was launched and was orbiting the Earth transmitting revolutionary songs.

The United States and South Korea said the Taepodong-2 rocket failed to enter orbit. Analysts said the launch was effectively a test of a ballistic missile designed to carry a warhead as far as the U.S. state of Alaska.

Western countries and Japan said the action violated a 2006 Security Council resolution demanding that Pyongyang not launch any more ballistic missiles and that it suspend all activities linked to its ballistic missile program. The resolution followed the nuclear test and missile tests by North Korea.

French Ambassador Jean-Maurice Ripert called on all council members to stand together in criticizing Pyongyang.

But diplomats said China and Russia had vowed to use their veto powers to block any resolution imposing new sanctions on Pyongyang, and that both nations are unconvinced the launch violated UN rules. REUTERS

Russia, China urge caution

- Russia's Foreign Ministry called on the international community yesterday to demonstrate "a balanced approach and caution" while discussing North Korea's launch of a long-range rocket at the UN Security Council.
- China, the closest North Korea has to a major ally, similarly urged diplomats not to overreact to the news. Chinese Ambassador Zhang Yesui told reporters yesterday that any reaction must be "cautious and proportionate."

3,000 more troops will turn tide on Taliban: U.S.

KABUL The top U.S. military officer said yesterday extra troops being sent to Afghanistan this year would start to turn the tide against the Taliban-led insurgency.

The chairman of the Joint Chiefs of Staff, Admiral Mike Mullen, was visiting Kabul with U.S. special envoy Richard Holbrooke a day after NATO agreed to boost troop numbers before Afghanistan's presidential election in August.

NATO leaders agreed at a summit on Saturday to deploy 3,000 more troops to boost security for the Aug. 20 election, the key test of U.S. success in a mission that U.S. President Barack Obama has made a centrepiece of his foreign policy.

The NATO reinforcements will be on top of 17,000 extra U.S. troops due in the country by July and 4,000 American soldiers due to arrive before September to train Afghan forces. They will join about 70,000 international troops in Afghanistan.

"I am convinced that the additional military capability will certainly start to allow us to turn the tide," Mullen said. "This year is critical. Every year is, but I believe 2009 is absolutely vital and certainly could be decisive." REUTERS

Assignment

- Most of the new troops will be sent to the south, which forms the heartland of Taliban support.

Sarkozy defends police over handling of NATO protests

FRANCE President Nicolas Sarkozy yesterday defended the police handling of violent anti-NATO protests in Strasbourg in which buildings, including a seven-storey hotel, were smashed and set ablaze.

The mayor of Strasbourg said the police appeared to have problems controlling the rioting which ravaged a working class district away from the town centre where NATO leaders met on Saturday.

But Sarkozy said thousands of police deployed had done a "remarkable job" and he pledged to crack down on the "thugs" he blamed for the violence.

"There were no victims, there were no injuries. Naturally there was material damage which will be compensated by insurance companies," he said. "What I want above all is that the hoodlums should be punished with the most extreme severity."

Between 10,000 and 30,000 people marched in Strasbourg and about 7,000 joined a rally in nearby Baden-Baden, just over the German border. REUTERS

"What I want above all is that the hoodlums should be punished with the most extreme severity."
Nicolas Sarkozy

Spain **Palm Sunday procession**

MARCELO DEL POZO / REUTERS

Penitents take part in the procession of the La Borriquita brotherhood during Holy Week in Seville yesterday. Hundreds of Easter processions take place around the clock in Spain during Holy Week, drawing thousands of visitors.

Tamil fighters cornered, says Sri Lankan military

COLOMBO Sri Lanka's military said yesterday troops had confined the Tamil Tiger rebels to a no-fire zone, where the last act of the 25-year separatist war will play out with tens of thousands of civilians still trapped.

Three separate units killed at least 420 rebels after surrounding them in a triangle-shaped single square kilometre during a three-day battle, the military said. That means the remaining rebel-held area is less than 20 square kilometres on the island's northeast coast where the UN has said the Tigers have kept more than 100,000 civilians as human shields.

Troops confirmed they had killed the head security officer for Liberation Tigers of Tamil Eelam (LTTE) founder and leader Vellupillai Prabhakaran, Gaddhafi; the head of the LTTE's female fighters, Vidusha, and commander Theepan.

And there were signs Prabhakaran was near: soldiers found a bullet-proof car he was believed to have been using which was torched. The state-owned Sunday Observer newspaper said troops found his birth certificate and photo albums. REUTERS

Pakistani suicide bomber kills 22

CHAKWAL A suicide bomber blew himself up at a gathering of minority Shi'ite Muslims in Pakistan yesterday killing 22 people a day after a deadly suicide attack in the capital, police said.

The attack in the central city of Chakwal came a day after a pilotless U.S. drone aircraft killed 13 people including militants in the northwest and a suicide bomber killed eight soldiers in Islamabad.

About 2,000 people had gathered at a religious centre for a ceremony when the bomber struck. REUTERS

Gunman identified in deadly immigration centre shooting

BINGHAMTON Authorities identified the gunman who killed 13 people and himself at an immigrant services centre in New York state Friday as Jiverly Wong, 41, a Vietnamese immigrant who had taken English classes there.

Binghamton police Chief Joseph Zikuski said no motive for the shooting had been determined, but he confirmed reports that Wong, who also went by the name Voong, had felt degraded by his inability to speak English and by a recent job loss.

"From the people close to him ... this action he took was not a surprise to them," Zikuski told a news conference.

On Friday, Wong shot dead a receptionist, then fired into a classroom, killing 12 more people before killing himself.

Four of the dead were from China. Others came from the Philippines, Iraq, Brazil, Haiti, Vietnam, the United States and Pakistan. They ranged in age from 22 to 72. REUTERS

News in brief

AFGHANISTAN President Hamid Karzai has ordered a review of a new law for Afghanistan's Shi'ite minority after Western nations raised concerns over its impact on women's rights, Western officials said on Saturday.

ITALY A 6.7 magnitude earthquake struck central Italy late yesterday, about 85 kilometres northeast of Rome, the U.S. Geological Survey reported.

BAILOUT U.S. Treasury Secretary Timothy Geithner denied that President Barack Obama's administration was crafting bailout initiatives to allow companies to evade limits on executive pay and other restrictions imposed by Congress. REUTERS

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Comment & Views

Comment

Reflection on life and car

HineSight

Anne Hines

metronews.ca/hinesight

My partner, Liz, and I are about to enter into one of the riskiest, most unnerving ventures any adult can face. Not marriage, that was a piece of cake. What we plan to do is "… I'm hesitant to share this, because I know some readers will have very strong reactions and I'll get a raft of emails asking, "Are you insane?" Again. Well, call me crazy, but we're going to … buy a used car.

I know, I know. Buying a used car is like hitting on a complete stranger. You don't know what you might be picking up.

But after weighing the options, Liz and I decided buying a used car is the way to go. We just can't manage the alternative. Which would be "walking."

We're buying a pre-owned Smart car. Liz and I can both take public transit to work, so we figure we really only need half a car.

A Smart car seems like the answer.

Our friends have concerns about Smart cars. "What if you're barrelling down the highway and get hit head on by an 18-wheeler?" My answer, "At that point, I don't think what car I'm driving will be an issue."

Another complained, "With a car like that you're totally trading practicality for trendiness." This from a woman wearing suede boots.

Someone else warned, "You won't be able to drive a whole pack of kids around." Darn.

As with most large purchases, I'm convinced the key to buying a used car is research. Try to do as little as possible. Just as reading the Internet always convinces me the tickle in my throat is anything from Cholera to a resurgence of the Black Death, reading research on used cars left me feeling I have a better chance of surviving complete disaster by going tap dancing in a mine field. The used car sites say things like, "If you take time to have the vehicle thoroughly checked, top to bottom, by a licensed mechanic, you'll have nothing to worry about. Except, of course, for the problems that can't be detected."

In the end, I'd say buying a used car is like any other risk. There are perils. Possibly hidden surprises. Definitely no guarantees. But there's a term for this kind of situation. Life.

So, Liz and I will buy a used car. And take our shiny new hopes out for a spin.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

MICHAEL DE ADDER

Worth mentioning

One Antarctic ice shelf has disappeared, scientists say

ENVIRONMENT One Antarctic ice shelf has quickly vanished, another is disappearing and glaciers are melting faster than anyone thought due to climate change, U.S. and British government researchers reported Friday.

They said the Wordie Ice Shelf, which had been disintegrating since the 1960s, is gone and the northern part of the Larsen Ice Shelf no longer exists. More than 8,300 square kilometres have broken off from the Larsen shelf since 1986. Climate change is to blame, according to the report from the U.S. Geological Survey and the British Antarctic Survey.

"The rapid retreat of glaciers there demonstrates once again the profound effects our planet is already experiencing — more rapidly than previously known — as a consequence of climate change," U.S. Interior Secretary Ken Salazar said.

"This continued and often significant glacier retreat is a wakeup call that change is happening … and we need to be prepared," USGS glaciologist Jane Ferrigno, who led the Antarctica study.

"Antarctica is of special interest because it holds an estimated 91 per cent of the Earth's glacier volume, and change anywhere in the ice sheet poses significant hazards to society," she said.

In another report published in the journal Geophysical Letters, the National Oceanic and Atmospheric Administration reports ice is melting more rapidly than expected in the Arctic as well, based on new computer analyses and recent ice measurements.

REUTERS

Views

A river divides OC Transpo and STO

InTransit

John Holmes

metronews.ca/holmes

Rivers are integral features in many world cities. The Thames in London and Seine in Paris are focal points of activity. But in Ottawa and Gatineau, the river forms a rather needless dividing line.

Integration, or lack of it, between OC Transpo and Gatineau's STO is a long-standing issue that's never been resolved. The logical time to address it would have been the 1970s, when the federal offices at Place du Portage and Terrasses de la Chaudière were built to employ more than 15,000 people. Trudeau's government wanted more federal workers based in Quebec. But on the local level, no one really figured out how they were going to get there.

It's been a particularly trying winter for workers at Terrasses de la Chaudière. With the ailing Chaudière Bridge closed to buses, the simple act of crossing the river from Ottawa has become an incredibly convoluted matter.

Under normal conditions, OC Transpo routes 8 and 88 link the Transitway with Terrasses de la Chaudière via Chaudière Bridge, with the 27 and 40 providing an alternative via Portage Bridge. Now the 8 and 88 drive to the foot of the closed bridge, then turn back to cross Portage Bridge — an amble around LeBreton Flats that adds approximately 10 minutes to journey times. Unlike before, these buses now stop at Place du Portage, leaving commuters a good walk short of their original destination. To rub salt in the wound, the 27 and 40, which terminate at Terrasses de la Chaudière during the morning rush hour, start at a completely different location in the evening.

If OC Transpo and STO were better co-ordinated, the problems caused by the closure of Chaudière Bridge would be eased.

STO buses also cross the river, but to just a few stops on Wellington Street, instead of the Transitway. What's more, because OC Transpo and STO buses run from different stops, passengers have to choose which system they want to use before they begin their journey, rather than being able to take advantage of which bus arrives first.

The National Capital Committee recently launched a study into better integrating the two systems.

Let's hope it understands this doesn't necessarily need heavy investment, just better communication and some common sense.

In Istanbul, Turkey, the transit system crosses the Bosphorus Strait to connect parts of the city in two continents, Europe and Asia. Surely we can manage the same across a medium-sized river between two provinces.

John Holmes is a writer for various publications in Canada and the U.K. He's never had a driver's licence, and has relied on public transit all his adult life; ottawaletters@metronews.ca

It's your turn to tell others what you think. Email your thoughts and opinions to: ottawaletters@metronews.ca

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U.S. seeks info on Ticketmaster, reseller

Ticketmaster has been subpoenaed or received other requests for information about its relationship with its reseller TicketsNow from the U.S. Justice Department, the Federal Trade Commission and the New Jersey Attorney General's office, the company said in an email obtained by an industry blog. REUTERS

Business

Canwest faces another deadline

Canwest Global Communications Corp. is heading toward another deadline tomorrow to restructure a debt agreement with its bankers, but time could be running out for the broadcaster and newspaper publisher as it tries to solve its financial woes, having already been given an extension by lenders. CBC NEWS ONLINE

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Air Canada CEO in tough

New chief faces high costs as demand for travel falls

Air Canada's new CEO, lawyer-come-investment banker Calin Rovinescu, is expected to focus on slashing costs in the midst of the current recession, but his task won't be easy.

While he played a key role during Air Canada's reorganization under bankruptcy protection in 2003 and 2004, he is taking the controls at a time when demand for air travel is falling and Air Canada's cash obligations are on the rise because of debt repayments, bad bets on fuel hedges and significantly heightened pension obligations.

The challenge this time around is that there are few obvious places to make deep cuts.

As well, most of the airline's side businesses, including Aeroplan and regional carrier Jazz, have already been spun off.

A key issue to be addressed is the airline's ballooning pension obligations, which would require changes to federal funding rules. Air Canada now estimates that deficits in its various employee pension plans total $3.2 billion.

Loss

- Air Canada posted a loss of more than $1 billion last year.

Another federal policy change that could bolster Air Canada's prospects would be raising the limit on foreign investments in Canadian airlines to 49 per cent from 25 per cent currently — something Transport Minister John Baird has committed to achieving alongside a new "Open Skies" pact signed with the European Union.

That could open the door to a strategic investment from the likes of Germany's Lufthansa AG.

On the operations side, some analysts are expecting an overhaul of Air Canada's network to remove unprofitable flying and increase the focus on the most lucrative domestic and international routes.

TORSTAR NEWS SERVICE

India Sports car showcase

ARKO DATTA/REUTERS

People watch sports cars at a Super Car Show in Mumbai, India, yesterday. More than 40 luxury and sports cars were showcased in the one-day show and entourage.

Consumer staples past their prime?

INVESTING Canadian consumer staple stocks have been a good bet in bad times, with the steady profits of grocers and drugstores offering comfort to investors, but shareholders may soon start turning to more cyclical plays.

Beaten-up retailers, particularly those in the home improvement sector like Rona Inc. and Canadian Tire Corp., are tipped to outperform as the economy begins to recover from the financial crisis.

REUTERS

Business in brief

ECONOMY U.S. congressional budget analysts have raised their estimate of the net cost to taxpayers for the government's financial rescue program from $189 to $356 billion US.

PAY London bankers' pay has fallen from the highest level among global financial centres to the lowest, with Wall Street financiers grabbing the top spot, a new poll shows. REUTERS

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Green option for spring cleaning
With spring here, it's time to clean your winter-soiled windows. Try doing the chore in a greener way with a cup of white vinegar, a cup of water and, as an option, a half-teaspoon of dish soap. TORSTAR NEWS SERVICE

Going Green

Rona's eco-friendly line

Rona has introduced 40 new products to its Rona Eco line. These products are more eco-friendly than similar conventional products over their entire life cycle. The new Rona Eco items include — among others — a manual lawn mower, an algae-based fertilizer, a rainwater collector, reconditioned tool blades, and mouldings. METRO NEWS SERVICES

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

Your new green home

Well-planned house costs less and value may increase

If you have plans to build a new house soon, this is the time to start things off right.

An environmentally thoughtful, high-performance home is one that incorporates a green combination of technology, construction, design and maintenance elements — all of which will provide a healthier indoor life for its residents, and will significantly lower its impact on the planet's environment.

Indeed, a well-planned green home costs less to operate immediately and its value increases steadily over time. A green home is constructed with concrete, not wood, has energy-efficient lighting, heating, cooling and water-heating systems.

Here's a handy checklist as you begin:

The site: Build where you can beautify or replace unsightly properties like a factory, a parking lot, rail yard or shopping mall. Don't build on environmentally sensitive sites like wetlands, forests or farmland.

Location: Build with walking or cycling in mind, near public transportation, schools and shops.

Materials: Start with concrete. An award-winning system by the all-Canadian company Nudura builds walls with pre-assembled, Lego-like blocks of concrete. This cuts construction time significantly, creates less waste material, and virtually eliminates mould, mildew and other emissions produced by buildings structured with wood. Homeowners save money with durability and energy efficiency — and the resulting structure (www.nudura.com) is reported to be up to nine times stronger, with far more fire protection, far more sound insulation, and with a potential to reduce energy costs of up to 70 per cent. Other green materials should include low- and zero-VOC (volatile organic compound) paints and sealants. Any wood-based features should come from rapidly renewable sources, like bamboo. The best green homes use salvaged materials like kitchen tiles with significant recycled content. Ask for a roof that is light-coloured and heat-reflecting.

Design: Think about the site's natural attributes and shape your new home accordingly. Reduce lighting and energy requirements by taking advantage of natural breezes and daylight, perhaps with skylights or with larger windows on certain walls. Aim for natural daylight to reach at least 75 per cent of the home's interior. Outside, design your landscape with lots of large canopy trees and flowering plants to attract the reproduction activity of birds and bees.

Windows and doors: Dual-glaze windows reduce heat gain in summer and heat loss during the winter. The best quality is government rated.

Renewable energy: Ask for the latest technology to generate some of your own household energy.

Water efficiency: Design with a water-conserving irrigation system. Collect and store rainwater. Add the latest in water-efficient fixtures.

NEWS CANADA

Demand expected to double

- Canadians continue to ask for high-performance, sustainable components in their newly built homes. Within the next three years, builders are predicting demand for green components will double. This represents a 12 to 20 per cent market share, and an industry worth $40 billion to $70 billion. Concrete walls, for example, are replacing the old wood frame method with countless benefits.

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I'M THINKING

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Primeau to donate brain for research

Former NHLer Keith Primeau announced he is joining more than 100 former professional, college and high school athletes by committing to donate his brain upon death to the Center for the Study of Traumatic Encephalopathy at the Boston University School of Medicine in an effort to help solve the sports-concussion crisis. METRO NEWS SERVICES

Sports

Patrick upset after crash

Danica Patrick's IndyCar season got off to a tough start after she crashed out early in the season-opening Honda Grand Prix yesterday in Florida. She was running ninth in the 22-car field when Raphael Matos tried to pass as the two went into a tight turn on the temporary street course. As the uninjured drivers walked away, Patrick patted Matos on the helmet as if to say, "Use your head."

METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

Detroit revels in Spartans' success

NCAA Detroit put aside its dread over a crippled auto industry on Saturday, savouring a day in the sun and the U.S. spotlight as the NCAA basketball tournament delivered a moment of relief for the Motor City. Michigan State upset top-ranked Connecticut 82-73, setting the stage for a showdown with North Carolina tonight for the U.S. college championship (9 p.m., The Score). A raucous Final Four record crowd of 72,456 filled every corner of Ford Field, but not before spending a sunny spring day soaking up some of the party atmosphere. But the emotional lift from the Spartans may have the biggest impact on beaten-down Detroit. "We are the blue-collar team and this is a blue-collar city," said Spartans coach Tom Izzo. "We're not done yet." REUTERS

For more sports coverage visit: metronews.ca

Raptors eliminated

NBA RESULT

Knicks 112 Raptors 103

David Lee earned his NBA-leading 61st double-double with 16 points and 10 rebounds, as the New York Knicks halted a nine-game skid in Toronto with a 112-103 victory over the Raptors at Air Canada Centre in the back end of a home-and-home set.

The last time New York notched a win in Toronto was March 5, 2004.

Al Harrington tallied his ninth double-double with 12 points and 10 boards for the Knicks, who snapped a four-game slide overall. Wilson Chandler and Quentin Richardson scored 17 and 16, respectively. Nate Robinson ended with 13 points and seven assists.

Chris Bosh got his 39th double-double with 31 points and 14 boards for the Raptors, who were eliminated from playoff contention with the loss.

Shawn Marion scored 13 and Jose Calderon 12 with six helpers for Toronto, which saw its season-high six-game winning streak halted.

METRO NEWS SERVICES

ANDREW WALLACE/TORSTAR NEWS SERVICE

The Raptors' Pops Mensah-Bonsu has the ball knocked away by the Knicks' David Lee last night in Toronto.

Halladay brushes aside rumour mill

MLB The Toronto Blue Jays begin their 33rd season tonight at the Rogers Centre, with starting ace Roy Halladay making his seventh straight Opening Day start.

Despite the fact the Jays head into this season with the least fan optimism since he arrived, Halladay is not ready to ask for a trade should the team get off to a slow first half.

"I'm still under contract for two years and unless you force something, create a big stir, it's not even an option for me, "Halladay said. "I feel like I'm still happy here. I feel like I have a chance to win here and that would be my ultimate goal, to win a World Series here, more than anywhere else."

The 32-year-old right-hander believes this pitching staff will be better once the youngsters get their feet on the ground.

"I don't think there's a question of what kind of talent we have, but there's a question of consistency," Halladay said.

TORSTAR NEWS SERVICE

SEASON OPENER

Tonight

7:15 p.m.
Rogers Sportsnet

Sports in brief

NHL David Booth scored the game winner late in the second period as Florida held off Pittsburgh 4-2 last night. Bryan McCabe, Rostislav Olesz and Ville Peltonen also lit the lamp for the Panthers, who won their fourth in five games and pulled into a tie with the idle Rangers for the East's final playoff spot. Sidney Crosby got into his second fight against Florida this season.

NBA Jason Kidd had a milestone game, scoring 19 points and dishing out a season-high 20 assists as the Mavericks crushed the Phoenix Suns 140-116 yesterday in Dallas. Kidd passed Magic Johnson for third place on the all-time NBA assists list, giving him 10,142 for his career.

RUNNING Capt. Mehmet Danis, 34, a Toronto-based Canadian Forces dentist, won the Atacama Crossing race this weekend — a gruelling, week-long, 250-kilometre foot race across the rugged terrain of the Chilean desert in 37 C temperatures — beating out former Olympians, marathon runners and extreme athletes from 25 countries. Danis raised $4,300 for the United Way.

METRO NEWS SERVICES

MLB Play ball

TIM SHAFFER/REUTERS

The defending world champion Phillies are greeted by fans on the field prior to Major League Baseball's season opener between Philadelphia and the Atlanta Braves last night. For a complete game recap, visit www.metronews.ca/sports.

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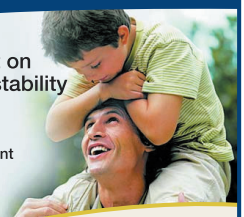

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Florida 4 Pittsburgh 2
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Washington 6 Atlanta 4
San Jose at Anaheim
Colorado at Vancouver

SATURDAY'S RESULTS

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Edmonton 5 Vancouver 3
Montreal 6 Toronto 2
Anaheim 5 San Jose 2
Boston 1 N.Y. Rangers 0
Carolina 3 Pittsburgh 2 (OT)
Dallas 5 St. Louis 4 (OT)
Los Angeles 6 Phoenix 1
Nashville 5 Columbus 4 (SO)
New Jersey 3 Buffalo 2
N.Y. Islanders 3 Tampa Bay 1

TONIGHT'S GAMES

OTTAWA at Montreal
Detroit at Buffalo
Los Angeles at Calgary

Metro Workology exclusive: Paws and Claws
In the coming weeks Metro's Workology section will be setting its sights on all the jobs that involve our furry friends.
So be sure to read Workology and metronews.ca/work for our pet industry feature series every Monday.

Workology

Just a Buck, Change Their Luck

PetSmart Charities of Canada is kicking off its spring campaign, Just a Buck, Change Their Luck, to help help homeless pets by fundraising for local animal welfare agencies. From May 6-26, 100 per cent of the sales of assorted items featuring the design to the left — by Toronto-based Ron Berg — will go to PetSmart Charities. See Petsmartcharities.ca for more. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Eye for the blind, heart of gold

Paws and **Claws**

RAFAEL BRUSILOW
for Metro Canada

When human eyes can't see, it's up to man's best friend to lead the way.

A gorgeous and furry Bernese mountain dog, Maestro is a trained guide dog who bears a heavier burden than most regular dogs — he's responsible for the day-to-day safety of his owner.

Public servant Lawrence Euteneier, 45, is Maestro's blind owner and says Maestro isn't just a guide dog, he's a shoulder to lean on and by all definitions a true best friend.

"He's a great dog and an even better friend. When I get nervous he has to be calm for me. He counters my nervous energy with his strength," Euteneier said.

Among his many talents, Maestro can find a hotel room by sense of smell alone after he's visited it once and can pick up emotional signals too subtle for most humans to notice.

"He knows I'm feeling a certain way before I know I feel that way. I'll know I'm stressed out by his reaction to me," Euteneier said.

Dogs like Maestro have enabled Euteneier to live a life as full of excitement and adventure as any regularly sighted person, including numerous travels around the world and a career in public service spent breaking down barriers for people with disabilities.

"He's a great dog and an even better friend. When I get nervous he has to be calm for me. He counters my nervous energy with his strength."
Lawrence Euteneier on Maestro (pictured)

Maestro makes Euteneier's active life possible by letting him walk the streets and navigate indoor spaces easily and safely.

It's all in the training and the harness, which Maestro uses to signal when Euteneier should stop, step back or go forward. If needed, he'll use his own body weight to push Euteneier out of the way of impending hazards like moving cars or cyclists. He'll also stretch his neck out to signal when Euteneier needs to grab something like a door handle or a handrail.

Maestro has to judge situations and react to them even more quickly than a human being does so that he can signal Euteneier in time. It's a huge responsibility for anyone, especially a dog, to bear and this is what makes Maestro so special.

The MIRA Foundation, located near Montreal, trains dogs like Maestro free of charge for disabled individuals who need them. The organization's founder and CEO Eric St-Pierre says training Maestro took about 20 months and the bubbly Bernese was one of only 67 dogs in his year out of 300 puppies that had the skill and personality to become a guide dog for the blind. Training is challenging and time-consuming and in the end, only dogs as smart, friendly and perceptive as Maestro can make the cut.

For Euteneier, Maestro is much more than just another pet.

"I take care of him and he takes care of me," he said.

RAFAEL BRUSILOW/FOR METRO CANADA

Guide dog Maestro helps his owner and best friend Lawrence Euteneier, a public service worker, down a flight of stairs.

For more of the Paws and Claws exclusive series check Workology frequently or stop by: **metronews.ca/work**

Odd**Jobs**

Diane Peters

Will return, for this week's column see Metronews.ca/oddjobs

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Twilight breaks DVD record

Hit vampire movie Twilight has topped yet another chart — it is now the biggest home release of the year in the U.S. The film sold 5.6 million DVDs and Blu-Ray discs in its first week on sale, beating Madagascar: Escape 2 Africa as the most popular release of 2009. FEMALEFIRST.CO.UK

Entertainment

Star Trek cameo

Hollywood bosses are hoping William Shatner will make a cameo appearance in a future Star Trek movie. The new film is being released on May 8 and a follow-up is already in the works. FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

Remedy for me

BRIAN COULTON
for Metro Canada

Remedy Me! airs Tuesday night on the W Network.

Glycolic peels, light therapies, antibiotics — Roseanna Meas tried it all.

The 24-year-old aspiring actress from Etobicoke, Ont., has struggled with acne since adolescence and not one doctor has been able to cure the ailment that's followed her into adulthood.

"A lot of the treatments I had used were very abrasive — a lot of chemicals," said Meas.

Frustrated by traditional medicine's inability to clear her condition, Meas went in search of a natural remedy to mend her complexion. That's when she stumbled upon an online advertisement recruiting subjects for the new W Network television show Remedy Me!

The program — it begins airing tomorrow night — looks at one affliction per episode and follows two sufferers of it as they explore different alternative treatments. From restless-leg to irritable bowel syndromes, Remedy Me! uses solutions like hypnosis, reiki and traditional Chinese medicines to mar maladies.

Meas didn't experience anything too bizarre, undergoing regular acupuncture and drinking herbal concoctions. But show creator Janice Evans of Creative Atlantic Communications said some of the televised treatments — even acupuncture — are pretty dramatic to watch.

"There was an acupuncturist that puts all the needles in, and then attaches little electrical wires to each one. Then she turns on a little kind of electrical jolt that goes through each of the needles that gets the chi moving," she said. "The woman looked like she was hooked up for Frankenstein."

But it's not the spectacle that encouraged Evans to develop the show. She said she was inspired by her long-time interest in alternative health, and the common dispersion of drugs-as-treatment due to an overburdened health care system. "Doctors don't have time to spend time with people on finding the solution that might work for them … I think anyone who takes the time and has that personal attention and believes in what they're doing is going to have progress."

Meas understands why some might be too embarrassed and expose their medical issues on TV, but for her desperation trumped anxiety. "I can feel for other people who have suffered with acne, so I figured I might as well just let myself be the guinea pig."

Made for TV

- Other ailments exposed on Remedy Me include gas, snoring, overactive bladders, headaches, hair loss, and excessive sweating.

Amy Poehler looks to imitate Tina Fey's leap with new sitcom

SNL star to take her time with civil-servant role in new sitcom from adapters of The Office

GETTY IMAGES

Amy Poehler stars in the new sitcom Parks and Recreation.

Leslie Knope, if you'll forgive the pun (and even if you won't), would appear to be Amy Poehler's polar opposite.

The character Poehler plays on her new sitcom, Parks and Recreation — debuting Thursday night on NBC and Citytv — is an intensely ambitious, very serious-minded, mid-level civil servant in the local government of small-town Pawnee, Ind.

Or, as Poehler joked: "I (play) a spy. And I can time travel. And I'm wearing someone else's face."

The show, co-created by The Office adapters Greg Daniels and Michael Schur, has been shrouded in mystery. The comedy was initially intended to be a spin-off of the NBC hit. "(But) at the time that was being described," admits Daniels, "we didn't have any ideas.

"There's another idea for a true spin-off that involves some Office characters, but once Amy became available to this project, we wanted to go in a direction to maximize what she could do."

"At the beginning of this process," continues Schur, "We said we would try to think of ideas that were spin-offs, and if we came up with something that we liked better, we thought would be a better show, that we would do that. And this was the idea that we really got excited about."

So did its designated star, Poehler, making a somewhat reluctant transition from sketch to sitcom after a successful seven years on Saturday Night Live cast.

It is a career path already well trodden by Poehler's former Weekend Update co-anchor and Baby Mama co-star Tina Fey. Is there any residual resentment there?

"Yeah," Poehler deadpans. "And then I turn around and I wake her up, and we have breakfast together."

As with Fey and 30 Rock, Poehler has embraced the comedic consistency that comes with the challenge of the unfamiliar new format.

"I was excited about the idea of being able to turn the volume down a little bit and sit with a character for a while," she says. "SNL is an amazing place to work, but the ideas and scenes and characters were very transient, and I was very excited about the idea of working with these guys.

TORSTAR NEWS SERVICE

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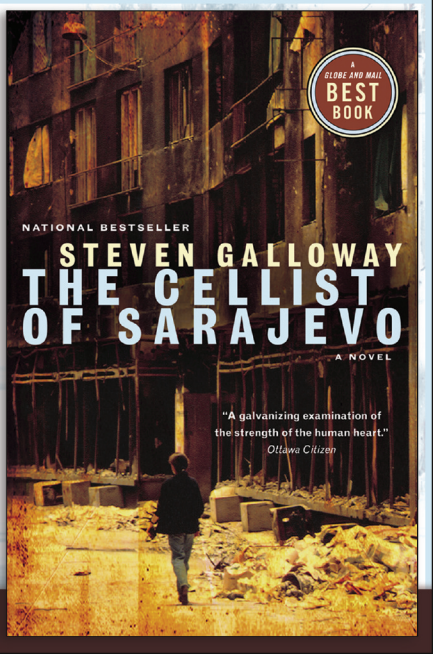


Read from the first chapter at RandomHouse.ca • VINTAGE CANADA

High stepping
Jessica Simpson was born wearing high heels. The singer-and-actress loves showing off her legs and refuses to sport flat shoes — even when she is at home. FEMALEFIRST.CO.UK

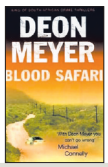
Freya's family secrets

BookPicks

The Tricking of **Freya**

Author: Christina Sunley
Publisher: St. Martin's Press
Price: $28.95 (Hardcover)

Iceland plays itself in The Tricking of Freya, a coming-of-age story chronicling the family history and Scandinavian heritage of the novel's title character. Young Freya first meets her widowed mother's family in Gimli, Man., at age seven. Her trek from New York brings her close to her fierce Aunt Birdie, who insists she be schooled in Icelandic past, mythology and language. But Birdie's burying tension between her and Freya's mom; the reason Freya's never met her family until now. Sunley builds a travelogue to uncover Freya's family secret.



Blood **Safari**

Author: Deon Meyer
Publisher: Random House
Price: $32.95 (Hardcover)

When Cape Town brand consultant Emma le Roux is watching television one day, she sees a murder suspect that bears resemblance to her brother she thought dead 20 years ago. Convinced to find him, she enlists the help of Lemmer, a bodyguard with security company Body Armor. But Lemmer's an "Invisible" — a guard unlike the intimidating bodies known as "Gorillas" — with a short fuse and prone to violence. When the pair is attacked, Lemmer lets himself loose, set on finding their attackers. One wrong move will mean death for the pair, but if successful, Lemmer stands to break his "Invisible" tie and expose a globally threatening faction.

The Book of Night **Women**

Author: Marlon James
Publisher: Penguin Canada
Price: $29.50 (Hardcover)

The Night Women, sick of slavery, are planning a revolt against the slave masters on their 18th century Jamaican sugar plantation. The green-eyed group bands together, meeting regularly to plot their overthrowing of the owners. That's until Lilith is born, a girl the women believe has a mysterious power. As she ages, Lilith is taught to read and to understand the importance of a rebellion. But when she falls in love with Irish overseer Quinn, Lilith realizes what dire consequences a mutiny will cause for the plantation while trying to reconcile her urges with her upbringing.

BRIAN COULTON/FOR METRO CANADA

Eyeing Cannes contenders

FILM FEST As spring dawns, so does one of the film world's biggest questions, namely — what's in the Cannes?

The official announcement from Cannes film festival head Thierry Fremaux and his team of programmers regarding what's in store for the annual cinephile gathering won't take place for three weeks. But filmmakers, executives and sales agents are already buzzing about what will unspool at the event in May.

The consensus is a slate that mixes auteur fare and star-driven movies, though one that's a little light on high-profile U.S. films.

The most prominent motion picture, at least from a star-power standpoint, won't even have its main player there, as Terry Gilliam's The Imaginarium of Doctor Parnassus, the last film from Heath Ledger, is expected to make its debut.

In addition to Gilliam's first appearance on the Croisette in more than a decade, a Parnassus debut also would offer the prospect of several stars — including Johnny Depp, Colin Farrell and Jude Law — who all stepped in to play different parts of Ledger's role after the actor died last year.

Aside from Pixar's Up, the animated film that will open Cannes, the festival has yet to confirm entrants. Still, many films are seen as probable candidates. Ang Lee's Taking Woodstock is seen as a strong candidate, assuming the director can finish it in time.

REUTERS

Expected

- On the U.S. side, Francis Ford Coppola's Tetro, which the director plans on self-distributing, is a strong bet to land at Cannes. The movie starring Vincent Gallo and an international ensemble cast, tells the story of rivalry between artists in an Italian family.
- Quentin Tarantino's Inglorious Basterds, the Brad Pitt movie about a rogue group of American soldiers fighting Nazis in World War II, has been pegged as a Cannes title for several months and is expected to be at the festival.

Box office

Following are the top 10 films at the North American box office for the three-day weekend beginning April 3, led by the new release Fast & Furious, according to studio estimates compiled yesterday by Reuters:

1. **Fast & Furious:** $72.5 million
2. **Monsters vs. Aliens:** $33.5 million
3. **The Haunting in Connecticut:** $ 9.6 million
4. **Knowing:** $ 8.1 million
5. **I Love You, Man:** $ 7.9 million
6. **Adventureland:** $6.0 million
7. **Duplicity:** $4.3 million
8. **Race to Witch Mountain:** $3.4 million
9. **12 Rounds:** $2.3 million
10. **Sunshine Cleaning:** $1.9 million

REUTERS

Passchendaele takes six Genies

AWARDS Paul Gross' First World War film Passchendaele was the big winner at the Genie Awards in Ottawa on Saturday night. The film won six awards, including best motion picture. The other big winner of the evening was The Necessities of Life (Ce qu'il faut pour vivre). Among its awards were wins for best director and actor.

METRO NEWS SERVICES

In brief

REALITY TV Thousands of people turned out to bid farewell to reality TV star Jade Goody on Saturday, a fittingly public end for a woman whose life and death were pored over by Britain's celebrity-obsessed media. The one-time dental assistant, who died last month of cervical cancer aged 27, found fame and fortune as a contestant on Big Brother. REUTERS

Kenya's**Style**

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: **metronews.ca/movies**

critics'corner

Love It or List It
This series, starting its second season, brings a battle-of-the-sexes element to the real estate show genre. In each episode, real estate agent David Visentin and designer Hilary Farr work with a family dissatisfied with its home. As Visentin tries to persuade them to put the property on the market — Farr tries to convince them it just needs a makeover. 9 PM on 62 W

Chuck
Chuck thinks his life is coming together when his long-absent father resurfaces, and he lands what he imagines to be his dream job with his hero, Ted Roark. Unfortunately, neither man lives up to Chuck's expectations in the new episode "Chuck Versus the Dream Job." 8 PM on 15 CITY 9 NBC

Sophie
Sophie tries to keep her attention on Estelle and Melissa's movie and premiere party and to not think about Andre. Rick's relationship with Melissa hits a snag in the bedroom. Jeff Geddis and Mimi Kuzyk also star in "It's My Party." 8:30 PM on 8 CBC

DT	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
4/6/09 primetime	265	353	2	TVO	Time Team		The Agenda With Steve Paikin		Midsomer Murders		Immigrants	Immigrants	Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	House (HDTV PA) (N)		24 (HDTV PA) (N)		Heroes (HDTV) (N)		News
	-	-	5	SRC	Virginie (SC)	La Petite vie	Chère Betty (HDTV) (SC)		Belle-baie (N)	Tout sur moi	Le Téléjournal et Les Nou		La Zone
	209	342	6	CHRO	Instant Star	TMZ (N)	Dancing With the Stars			Corner Gas	(10:02) Castle (N)		Comedy Now
	196	311	7	CTV	Hollywood	etalk	Big Bang Th	Gary Unmarr	Two/Half Men	Corner Gas (N)	CSI: Miami		News (N)
	208	303	8	CBC	Coronation St.	Jeopardy! (N)	Little Mosque	Sophie (HDTV)	Comedy Fest	Comedy Fest.	CBC News: The National		The Hour
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Chuck (HDTV) (N)		Heroes (HDTV) (N)		Medium (HDTV) (N)		News (N)
	117	713	10	TVA	Les Gags	Star Académie:	Annie et ses hommes (N) (SC)		Dr. House (SC)		TVA 22 heures	(10:45) Denis Lévesque	
	-	-	11	QS	Loft Story	C't'une joke	CSI: NY "Baiser mortel" (SC)		Flash Point		Cent dix pour cent (SC)		Loft Story
	137	763	12	TFO	Panorama		Les Secrets du Karakoum		*Passe ton bac d'abord* (1979), Annick Alane			Y'a pas d'âge	Facteur
	-	362	13	CBS	Dr. Phil (HDTV)		Big Bang Th	How I Met	College Basketball NCAA Tournament Final -- Teams TBA. (HDTV) (Live)				
	216	395	14	OMN2	Raymond	Raymond	News (N)		News (N)		Two/Half Men	King	Hist Language
	214	344	15	CITY	Law & Order: SVU		Chuck (HDTV) (N)		Less-Kind	Surviving Sub.	Mantracker (DVS)		News (N)
	115	343	16	CFMT	2Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
	218	345	18	E!	The Insider (N)	E! News	The Soup	How I Met	My Boys	Engagement	True Hollywood Story		News (N)
	-	361	20	ABC	News (N)	Entertainment	Dancing With the Stars			Surviving Sub.	(10:02) Castle (N)		News (N)
	512	396	24	CPAC	(3) Dossier public		Heure polit.	L'Heure politique				Tête-à-tête	Dossier public
	651	355	25	CTS	Happy Days	Laverne	Michael Coren Show		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	House (HDTV PA) (N)		24 (HDTV PA) (N)		News (N)		News
	-	-	64	PBS	Business Rpt.	Wings-Canada	Antiques Roadshow (N)		American Experience		House of Life-Cemetery		Charlie Rose
	205	312	104	CTV	Hollywood	etalk	Big Bang Th	Gary Unmarr	Two/Half Men	Corner Gas (N)	CSI: Miami		News (N)
news	502	390	26	NW	CBC News	Newman	The Hour		CBC News: The National		Ten Trillion & Counting		National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown: No Bias		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
sports	406	417	27	net	World Sport	NHL Hockey Ottawa Senators at Montreal Canadiens. (Live)					Sportsnet Connected		Hockey Central
	126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	400	280	30	TSN	Curling 2009 Ford World Men's Championship -- Canada vs. Germany.					SportsCentre		That's Hockey!	SportsCentre
	410	403	52	SCR	RaceNight				College Basketball NCAA Tournament Final -- Teams TBA. (HDTV) (Live)				
	411	457	56	OLN	Bounty Hunter	Bounty Hunter	Departures "Canada"		Mantracker		Bounty Hunter	Bounty Hunter	Departures
	417	406	59	SC	Pimp My Ride	Pass Time	This Week in NASCAR (N)		SuperCars	SuperCars	Barrett-Jackson		Car Crazy
family	554	544	48	TEL	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	Punch	Robot Chicken	American Dad	Moral Orel
	557	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	551	542	65	YTV	Karaoke Star Junior (N)		Malcolm-Mid.	Futurama	League-Evil	Zixx Level	Falcon Beach		Mystery Hnt.
	570	580	29	MM	The Daily Fix		Ranked!		Don't Forget the Lyrics!		Entourage	Gene Simmons	The Daily Fix
	615	520	31	A&E	CSI: Miami "Darkroom"		Intervention: Heroin Hits Home		Intervention "Angelina"		Paranormal	Paranormal	Psychic Kids
	628	584	32	SPKE	CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		Ultimate Fighting Championship 89: Bisping vs. Leben (HDTV)				
cable variety	521	560	34	TLC	Little People	Little People	Little People	Little People	Table for 12	Table for 12	Jon & Kate	Jon & Kate	Little People
	145	761	35	TV5	Mot de passe		Des racines et des ailes "Paris secret, Paris insolite"				Mères courage		Journal TV5
	616	521	39	SHO	The Outer Limits		Cashing In	Kink in Hair	Kenny-Spenny	Kenny-Spenny	Earl	The Office	House
	620	523	40	BVO	Ballet Girls		Royal Winnipeg Ballet: 40		Duetti D'Amore Tenor and soprano duets.				Law & Order
	520	505	42	DIS	Daily Planet (N)		MythBusters Whirlpools.		Dirty Jobs		The Detonators (N)		Daily Planet
	575	583	43	CMT	Karaoke Star Junior		The 44th Annual Academy of Country Music Awards (HDTV) (Live)						Karaoke Star
	601	562	45	SLC	Skin Deep	Til Debt-Part	Wedding SOS	Wedding SOS	Wedding SOS	Wedding SOS	Project Runway Canada		ET Canada
	625	548	46	COM	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Katt Williams Live		Daily Show
	294	529	47	TBS	House-Payne	House-Payne	House-Payne	House-Payne	*Boyz N the Hood* ★★★ (1991, Drama) Larry Fishburne.				Seinfeld
	600	564	49	H&G	House Hunters	Property Virgin	For Rent	Income Prop.	Property Virgin	My First Place	House Hunters	House Hunters	Holmes-Homes
	627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Lost		Sarah Connor Chronicles		Stargate SG-1
	581	566	53	MTV	Mom & Dad	The Hills-Lnch	MTV News	Cribs	The Girls of Hedsor Hall		The Hills	The Hills	The Hills-Lnch
	618	524	54	TROP	Vanity Insanity	Reality	Reality	E News	Ground Up		Are You Smarter		Make or Break
	522	506	55	HIS	NCIS "Brothers in Arms"		Hero Ships		Last Flight to Berlin		NCIS "Brothers in Arms"		Sea Hunters
	129	773	60	CD	Biographies "Elizabeth Hurley"		Construire en grand (HDTV)		Ca bouge en grand (HDTV)		Alliance meurtrière (HDTV)		Voyage d'enfer
	261	394	61	V	Murder, She Wrote		Eyes Down	May-December	National Catholic Mission 2009		Last Seven Words		Mission 2009
	602	567	62	W	Will & Grace	Friends	How Clean	Kim	Love It or List It (N)		Dollars-Sense	House	Maxed Out
	269	350	70	APTN	Notre Peuple		Tam	Pachamama	*La Vraie de vraie* ★★ (1993, Suspense) Kim Basinger.				Tshinanu
	621	527	71	TLK	The Ellen DeGeneres Show		TMZ (N)	etalk	Paris Hilton's British Friend		The Tonight Show-Jay Leno		TMZ
	603	561	95	FN	Chef at Home	Chuck-Day Off	Work for Food	Glutton-Punish.	Food Detective	Get on Plate	Hell's Kitchen		Restaurant

Fawcett is hospitalized

Farrah Fawcett has been hospitalized in Los Angeles since Thursday, the latest setback in her long battle with cancer, people.com is reporting. The 62-year-old actress has undergone chemotherapy and aggressive alternative treatments in the past. METRO NEWS SERVICES

Celebrity Buzz

Brady & Bündchen wed, again

MARRIAGE Tom Brady and Gisele Bündchen exchanged vows in a short sunset ceremony at her home in Costa Rica early Saturday evening, people.com reports.

The bride, in a long designer dress and a veil that trailed 10 feet, and holding a bouquet of white orchids, "looked so gorgeous," a source tells People. "She looked beautiful."

Security guards blocked off key access points to Bündchen's house in Santa Teresa, where 25 or so guests gathered under a tent set up on the home's balcony.

After the ceremony, Brady, 31, in a gray suit and vest with white pants, held his son John on the balcony and spoke with guests like Robert Kraft, owner of the New England Patriots. Bündchen, 28, also hugged guests while friends and relatives snapped photos.

They all seemed "very happy, like they were having a great time," says one onlooker.

Earlier that day, Brady hosted a bachelor's brunch for the men in his entourage at the luxurious Milarepa hotel, where guests dined from a menu designed especially by the American chef. Meanwhile Bündchen entertained female guests and went over last-minute wedding details at her home.

The separate his-and-her gatherings were the final lead up to three days of pre-wedding celebrations before the couple's second set of nuptials. They officially wed in an intimate ceremony in Santa Monica, Calif., in February.

METRO NEWS SERVICES

ALL PHOTOS GETTY IMAGES

Levi's sex talk with Tyra

RELATIONSHIP A rep for the Palin family is slamming Levi Johnston — the 18-year-old father of Bristol Palin's newborn son — for blabbing about the couple's sex life on the Tyra Banks Show, usmagazine.com reports.

"We're disappointed that Levi and his family, in a quest for fame, attention and fortune, are engaging in flat-out lies, gross exaggeration, and even distortion of their relationship," Meghan Stapleton tells usmagazine.com in a statement Friday.

"Bristol's focus will remain on raising Tripp, completing her education, and advocating abstinence," Stapleton continues. "It is unfortunate that Levi finds it more appealing to exploit his previous relationship with Bristol than to contribute to the well being of the child.

"Bristol realizes now that she made a mistake in her relationship and is the one taking responsibility for their actions," Stapleton concludes.

On the show Johnston says he was "pretty sure" Gov. Palin knew he and Bristol, 18, were having sex when they lived under her roof. "Moms are pretty smart," he tells Banks. Johnston, 19 and Palin, 18, called off their engagement in March.

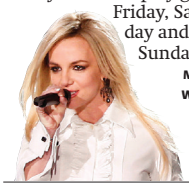
METRO NEWS SERVICES

Spears not a rock star, says Nicks

MUSIC Britney Spears may have suffered a lot of hard knocks, but it's not enough to earn her the moniker "rock star" — at least not according to Stevie Nicks.

"You have to pay dues to be a real rock star," the former Fleetwood Mac singer told Extra! recently. "Britney did not join a band when she was 18 and practice every day for five hours Monday through Friday and then play gigs Friday, Saturday and Sunday."

METRO WORLD NEWS



Guy calls ex 'great mum'

PEOPLE British director Guy Richie called his ex-wife Madonna "a great mum" following news that the singer's bid to adopt a second child from Malawi was rejected Friday, people.com reports.

Richie, 40, father to the couple's son Rocco and David Banda — the Malawian boy he and Madonna officially adopted in 2008 — issued a statement through his rep saying: "I fully supported Madonna in her decision to apply for this adoption, and I am saddened that her application has been rejected. She is motivated only by being a caring parent who seeks to share some of the advantages and opportunities that her life has given her."

A judge in Malawi blocked Madonna's attempt to adopt Mercy James, three, citing a residency rule for prospective parents that requires they spend from 18 to 24 months in the country — that requirement was waived for Madonna's first adoption.

Madonna, 50, has filed an appeal to the ruling.

METRO NEWS SERVICES

Rihanna's jet setting

CAREER Rihanna's jet-setting continued this week, usmagazine.com reports.

After hitting Hawaii and New York City in the same week, the singer, 21, returned home to her native Barbados on Friday. She is helping her grandparents celebrate their 50th wedding anniversary.

"Yeah (she's back)," her father Ronald Fenty told usmagazine.com Friday in a telephone interview. "She just got in a couple hours ago. I will see her tomorrow."

He says they would "probably do lunch" during her weekend trip home. "Of course, I'm happy to have her home. Things are good with her," Fenty told Us. "She is doing really, really well. She's back to herself again."

It remains to be seen whether Rihanna will attend Chris Brown's arraignment today in Los Angeles Superior Court. The singer, 19, is expected to enter a plea to two felony counts of assault and making criminal threats after allegedly beating Rihanna Feb. 8 in L.A.

METRO NEWS SERVICES

Cyrus strives to act responsibly

FAMILY Miley Cyrus is terrified of disappointing her parents, femalefirst.co.uk reports. The Hannah Montana star is determined never to go off the rails like many child stars.

The 16-year-old actress said: "I think it's selfish to go out partying all the time, especially if you have little ones in your family. I have a nine-year-old sister, and I don't want her to go to school and have people make fun of her for it."

However, Cyrus — who shot to fame at the tender age of 12 — admits it's hard to resist temptation living in Hollywood.

She added to America's Glamour magazine: "At one of the very first awards shows I ever did, there was a bottle of vodka in my gift bag. No one cared that they were giving this to a 12-year-old."

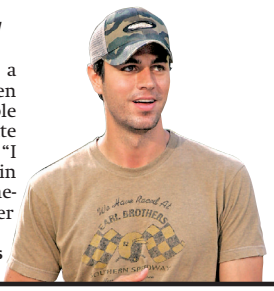
METRO NEWS SERVICES

Iglesias is shy of his body

IMAGE Enrique Iglesias is too shy to urinate in front of other people, femalefirst.co.uk alleges. The Hero singer, who previously claimed he has a "small penis," is so embarrassed about his body he avoids using crowded public toilets.

"I can't even pee in a public bathroom when there are too many people around," the website quotes him as saying. "I walk around my house in underwear, but I sometimes feel my housekeeper gets embarrassed."

METRO WORLD NEWS



Lohan restrained at party

PEOPLE Things are looking bad for Lindsay Lohan's relationship with Samantha Ronson. The celebrity DJ was recently working a party at Bar Marmont in L.A. and security was reportedly under strict orders to keep an eye out for Lohan, according to OK magazine.

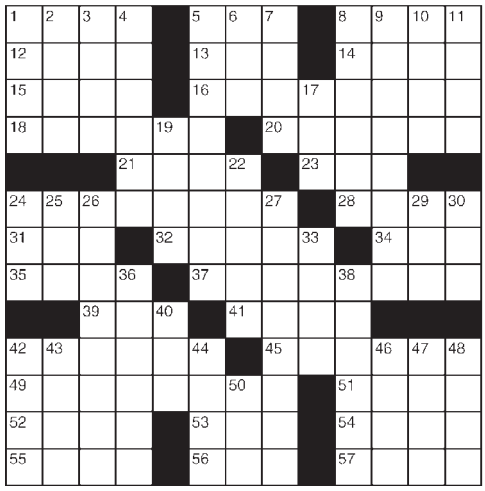
But the actress showed up anyway, and had to be "restrained from coming in by five security guards," according to an eyewitness.

METRO WORLD NEWS

The Weather Network 20 YEARS
©The Weather Network 2009
Today Rain 90% 6° / 4°
Tuesday Rain 90% 6° / 1°
Wednesday Partly sunny 3° / 1°
You have voted us #1 for best forecasts on TV. Thank you Canada!

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



Crossword across

1 Q-tip tip
5 Silent
8 Cold War weapon, for short
12 Easter flower
13 Rage
14 — contendere
15 Initial stake
16 White bloom
18 "Bread"
20 From what place
21 Actor Baldwin
23 Evergreen type
24 Grow uncontrollably
28 Moist
31 Body of water (Abbr.)
32 The Ram
34 Falsehood
35 Oil cartel
37 Skier's slowing manoeuvre
39 Greek consonant
41 Growl
42 Aft
45 Stuck, sort of
49 Anne Murray classic
51 Christmas
52 Cattle
53 U.S. spy org.
54 And others (Lat.)
55 Raced
56 Type units
57 Landlord's due

Crossword down

1 Bridge coup
2 Drunkard
3 Choir voice
4 Local ordinance (Var.)
5 Gets the info wrong
6 Grecian vessel
7 Cat call?
8 Certainly
9 County of England
10 United nations
11 Sulk
17 Kid's query
19 Actress Jessica
22 Adhere
24 "No seats" sign
25 Pinch
26 Nuance
27 Ancient Spartan king
29 "O Sole —"
30 Church seat
33 Graceful bird
36 Masticated
38 Orison
40 Sphere
42 Requests
43 Quick cut
44 Pleasant
46 Burlap fibre
47 "Two and a Half Men" role
48 Dissolve
50 Edge

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	6	2	5		9	4	3	
8	9						1	5
		1	7		2	8		
	8			3			4	
		7	1		4	6		
5	3						7	6
	2	4	8		3	5	9	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

3	5	8	7	2	1	6	9	4
2	9	4	5	6	3	7	1	8
6	1	7	4	8	9	3	2	5
5	2	6	9	7	4	8	3	1
1	4	9	6	3	8	5	7	2
8	7	3	2	1	5	4	6	9
9	8	2	3	5	7	1	4	6
4	3	1	8	9	6	2	5	7
7	6	5	1	4	2	9	8	3

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Spanish-Style Chicken

INGREDIENTS:
2 tbsp (25 ml) olive oil
8 boneless, skinless chicken thighs
1 medium red onion
1 clove garlic
1 red pepper and 1 yellow pepper
1 can (19 oz/540 ml) chopped tomatoes
2/3 cup (150 ml) dry white wine
1 tbsp paprika
2 3/4 oz (75 g) chorizo sausage
1 tbsp (25 g) pitted black olives
Salt and black pepper
To garnish: A bunch of parsley

METHOD:
1. Heat oil in large flameproof casserole pan or braising pan, then cut chicken thighs in half and fry over a high heat until golden.
2. Peel and thinly slice onion and peel and crush the garlic. Add to chicken. Rinse and slice peppers and add to chicken. Fry until peppers are lightly browned and slightly softened.
3. Stir in tomatoes, wine and paprika and bring to boil. Slice chorizo thickly and add, then simmer 15 minutes, or until chicken is cooked.
4. Halve olives, add to casserole pan, then season to taste. Rinse, dry and chop parsley. Garnish with parsley and serve with crusty bread.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
Make a heroic attempt to take the blame for a mistake. A craving can't be ignored. An insightful dream supplies inspiration.

TAURUS ♉
APRIL 21-MAY 21
A thrilling person teaches you a new way of relating. Your prospects convince someone to give aid. A legal issue causes a mishap.

GEMINI ♊
MAY 22-JUNE 21
Someone is forced to change a routine. You want to learn something too fast. You'll find that a problem has already been solved.

CANCER ♋
JUNE 22-JULY 22
Ask permission before forcing your opinions on anyone. A young guy makes you chuckle. It's a bad idea to demand a handout.

LEO ♌
JULY 23-AUG 23
Good luck comes when strong feelings are shared. A quarrelsome person needs a time-out. Your actions are respected.

VIRGO ♍
AUG 24-SEPT 22
A whining woman behaves arrogantly. Don't refuse to release a friend from a promise. A man must bed down early tonight.

LIBRA ♎
SEPT 23-OCT 23
A former enemy has a shift in convictions. An introvert has gained too much weight. An old companion will re-enter your life.

SCORPIO ♏
OCT 24-NOV 22
A team-mate will make a move. Don't just fade away after confusion clears up. A strange revelation brings you some joy.

SAGITTARIUS ♐
NOV 23-DEC 21
There'll be questions about an infatuation. Candid comments affect your work. Relationship changes won't be appreciated.

CAPRICORN ♑
DEC 22-JAN 20
Be cautious during a surprising encounter. Get comfortable with a melodramatic person. Overcome a challenge to your honour.

AQUARIUS ♒
JAN 21-FEB 18
A pleased person passes on a valuable bonus. Pride grows after being flattered. A mature friend lifts you out of exhaustion.

PISCES ♓
FEB 19-MARCH 20
A fated couple has a weird encounter. An authority figure insists on rules being obeyed. A benefit comes from dealing with a spoiled brat.

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